



Safe In Your Hands

Sue Wheeler, an experienced safeguarding trainer, launched Safe in Your Hands training and consultancy in 2017.

Sue began her teaching career in 1998 when she qualified from King Alfred's University. She has taught in primary schools, has been a lecturer at Bath College teaching early year's practitioners and has also been a deputy manager at a nursery. Over recent years Sue has been delivering the Nightwatch training for Barnardo's, throughout Bristol and South Gloucestershire, equipping people working in the night time economy to recognise signs of child sexual exploitation.

Safe in Your Hands offers Safeguarding Training and Consultancy, for those working with adults and children in any sector. This brochure gives a sample of training courses Sue currently delivers and helps to answer some frequently asked questions. Bespoke packages of training are also available by contacting Sue directly on **07868 197 995** safeinyourhands@hotmail.com

Introduction

This brochure provides details of the training that is currently available to be delivered by Sue at Safe In Your Hands.



Sue is available to deliver any of the enclosed sessions to groups - the maximum group size is 20 delegates per session.

In addition to the training detailed in this brochure, Sue is also able to develop bespoke training packages, or to provide conference workshops. Please get in touch with Sue to discuss availability and to chat about your training requirements.

Raising Awareness: Safeguarding Adults

This is a five hour course that aims to raise awareness of Safeguarding and vulnerable adults. This course is designed for practitioners and managers working directly with vulnerable adults.



Outcomes of this Training:

- To understand what safeguarding is and your role in safeguarding adults
- To know what abuse is and to be able to recognise the signs
- Understand dignity and respect when working with individuals
- To be able to recognise vulnerabilities in adults
- To know the policies and procedures in your local authority
- To know what to do if there is a disclosure

This course is provided at a cost of £500. There is a maximum group size of 20 delegates and a suitable training venue will need to be provided.

Elements of this course can also be delivered in a two hour workshop, at a cost of £200.

Raising Awareness of Child Sexual Exploitation

This is a two hour course aimed at raising awareness of staff working in an industry that is serving the public.



This course is ideal for hotel, bar or club staff, security staff, taxi drivers or anyone who is working within the night time economy.

Outcomes of this training:

- To understand what child sexual exploitation (CSE) is
- To begin to understand why some children can become involved in CSE
- To be able to identify and recognise the signs of CSE – specific to your industry
- To understand your responsibilities and why it's important to share information about children and young people who are at risk
- To know what to do if you are worried

This course is provided at a cost of £300. There is a maximum group size of 20 delegates and a suitable training venue will need to be provided.

A longer workshop of 3 hours is also available and is aimed at practitioners from all agencies, in particular those who are working with children and young people as part of their role. This session can be delivered to whole teams, organisations or multi agency groups.

This course is provided at a cost of £350

Working with CSE: Skills and Practice



This is a whole day course (9.30am - 4pm) that aims to develop practitioner skills, offers ideas to enhance practice and introduces practical ways of working with young people who are at risk of sexual exploitation.

Outcomes of this training:

- To have a greater understanding of Child Sexual Exploitation
- To have increased knowledge and skills when working directly with children and young people at risk of sexual exploitation
- To have considered barriers to effective practice

- To have knowledge of a wider range of tools and resources available for use in direct work
- To have an understanding of the impact on practitioners of undertaking direct work with children and young people at risk of sexual exploitation

This course can be provided at a cost of £750

There is a maximum group size of 20, and a suitable training venue will need to be provided.

Raising Awareness of Safeguarding Children

This is a whole day course (9.30am – 4pm) aimed at practitioners who work with children of all ages. The course aims to raise awareness of practitioners to the signs of child abuse and to know what action to take to keep them safe.

This is a whole day course, but elements of this day can be provided in a two hour workshop as a refresher course if staff need their child protection training updated.

Outcomes of this training:

- To be able to define child protection and safeguarding
- To understand what is meant by abuse
- To be able to recognise the signs and symptoms of child abuse
- To understand the current legal framework, and national guidance and place this within a local context
- To know how to respond to disclosures
- To understand and be able to use the correct recording and reporting procedures
- To know about using the referral process

This course can be provided at a cost of £750

There is a maximum group size of 20, and a suitable training venue will need to be provided.

Safeguarding For Foster Carers

The Raising Awareness of Safeguarding Children course can be adapted specifically to address the needs of foster carers.

Course outcomes are the same as for the basic course, but case studies and materials are bespoke to looked after children and those who provide their care.



As above, this can be a full day course, or can be provided as a shorter refresher course for carers who need their training to be updated.

Safeguarding Children in Early Years



Sue is a specialist in the field of early years and has a bespoke course, based on the Raising Awareness of Safeguarding children training that is adapted to meet the needs of practitioners who are working directly with children accessing early year's settings or child-minders.

The training is bespoke to this sector of the children's workforce and can be provided as a full day or as a shorter refresher for staff requiring an update.

Domestic Abuse

Safe in Your Hands training provides a one day course looking at the impact on children of living with domestic abuse.

This is a five hour course aimed at practitioners working with children of all ages. It considers the damaging effects of domestic abuse and violence on families and in particular on children.

The course draws on learning from Serious Case Reviews, and practitioner experience.

Outcomes of this training are:

- To know what domestic abuse is
- To begin to understand some of the dynamics that underline domestic abuse
- To be able to support parents and children who have been affected by domestic abuse
- To consider the impact on children's well-being and development when affected by domestic abuse and violence



This course is provided at a cost of £500. There is a maximum group size of 20 delegates and a suitable training venue will need to be provided.

Additional Information

Bespoke training can be developed to meet needs of an organisation or team. Please contact Sue to discuss bespoke training not listed in this brochure. Safe In Your Hands

does not routinely provide a training venue, so the booking organisation is responsible for sourcing an appropriate training venue and provision of any refreshments required.

Sue is able to source a venue, and organise refreshments, should this not be possible, but at an additional cost. Please get in touch with any questions.

For more information about any of these options or to book a session please contact Sue on 07868 197995 or safeinyourhands@hotmail.com



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